

ALENA SAVOSTIKOVA

Height 173cm/5'8" Bust 81cm/32" B Waist 61cm/24" Hips 86cm/34"
Dress 32 EU/2 US/4 UK Shoe 38.5 EU/7.5 US/5.5 UK Hair Blonde Eyes Blue

[Instagram](#) [Facebook](#)

ABOUT

I am originally from Russia, but I am a citizen of the world. I grew up traveling playing tennis tournaments around the world. Later when I got signed by a modeling agency I had the opportunity to live in many different countries, which really made me appreciate other cultures and get involved in philanthropy. It's important to me to use my voice and social presence to represent brands that are benefiting our community and spreading awareness. I love to educate my followers on the importance of taking care of themselves, their body and their mind, it all starts from within. That is why on my social media you will find a lot of educational references (my favorite books, as well as courses), food and workouts that benefit our body (I am an avid workout fanatic) and skincare/makeup products that are my favorites (shooting for skincare brands is my forte).

I have been in the industry since I was a little girl and started as child actress. You have probably seen me in the tv series "This Is Us", "Mindy Project", "Westworld", in music videos for Michael Jackson, Benny Benassi, All American Rejects, Celine Dion ft. Ne-Yo's and many, many others. Campaigns for Adidas, John Frieda, Paul Mitchell, Bench Body, PuraVida, Fila and etc.

I've been in over 75 worldwide commercials, but the most recognized one would have to be the one where I was a mermaid for shark week, it was one of my favorite ones to shoot as well! I also have a highly anticipated film coming out soon called "Love 40". It's a romantic comedy where I play a lead tennis player who is fighting for her chance to win US Open against all odds.



All of my hobbies include some kind of sport. I grew up being very athletic and love to be outdoors. Whether I am wakeboarding, paddle boarding, kickboxing, snowboarding, I really don't mind. As long as I can get out there and get my blood flowing. Exercise has been proven to be linked directly to our boost of serotonin levels and I believe I am the happiest person in the world due to my love of the active lifestyle!

Today one of my inspirations is Tim Grover. A little over a year ago I read his book "Relentless: From Good, To Great, To Unstoppable", my life has never been the same again. I've taken his course as well and I strive to live my life by his standards. That relentless mentality will get you further in life than anything else ever could.