

## DIEGO SEBASTIAN

Height 191cm/6'3"    Waist 86cm/34"    Inseam 89cm/35"    Collar 43cm/17"  
Sleeve 91cm/36"    Suit 117cm/46"/56    Suit Length L    Shoe 46.5 EU/12 US/11.5  
UK    Hair Brown    Eyes Brown

Instagram

### ABOUT

Diego Sebastian is one of the most published fitness cover models in the world. He has a passion for health and fitness. He has become a health & fitness lifestyle advocate, traveling the world as a spokesperson for the global supplement brand San Nutrition. Diego is also a celebrity trainer and a fitness ambassador for the national brand Life Time Fitness.

The image shows the cover of Fitness Rx magazine, Volume 10, Number 3, dated May 2012. The cover features a muscular man, Diego Sebastian, performing a pull-up. The magazine title 'FITNESS Rx' is at the top in large red and black letters. Below it, the tagline 'YOUR ULTIMATE PH...' and 'FOR THE PE...' are partially visible. The main headline reads 'GET LEAN & MUSCULAR'. Other headlines include 'NEW RESEARCH! LIFT SLOW FOR FAST GAINS' with a sub-headline 'PACK ON 10 LBS OF MUSCLE!', 'Burn Fat 4x Faster', 'EXCLUSIVE! CARL EDWARDS The World's Fittest NASCAR Driver', 'THE TEBOW PERFORMANCE ADVANTAGE!', 'PLUS! WHY LIN WINS', and 'STAY HARD! LOSE FAT NOT MUSCLE NEW DIET STUDY!'. The date 'MAY 2012' is printed vertically on the left side.

**VOLUME 10, NUMBER 3**

# **FITNESS Rx**

**YOUR ULTIMATE PH... FOR THE PE...**

## **GET LEAN & MUSCULAR**

**NEW RESEARCH!**

### **LIFT SLOW FOR FAST GAINS**

**PACK ON 10 LBS OF MUSCLE!**

**Burn Fat 4x Faster**

**EXCLUSIVE!**

### **CARL EDWARDS**

**The World's Fittest NASCAR Driver**

**MAY 2012**

### **THE TEBOW PERFORMANCE ADVANTAGE!**

**PLUS! WHY LIN WINS**

**STAY HARD! LOSE FAT NOT MUSCLE**

**NEW DIET STUDY!**

**TRAINING & DIET SECRETS!**

